



CARBON MONOXIDE FACTSHEET



The silent killer

Carbon Monoxide (CO) causes over **60** deaths per year in the UK, and many times more hospitalisations



What is it?

- Odourless
- Tasteless
- Colourless
- Gas



What can produce it?

Gas boilers * Gas hobs & ovens * Stoves * Open fires * Candles
Any appliance which burns a carbon-based fuel: wood / coal / oil / gas



Symptoms

- Headaches
- Vomiting
- Dizziness
- Fatigue



In case of emergency

- Open windows and doors
- Move outside straight away
- Call the Emergency Gas Service: **0800 111 999**

Tips



Install monitors in each room with a CO source – less than 3m from the source



Get appliances serviced yearly, by a Gas Safe Register / HETAS / OFTEC engineer



Change batteries regularly (or get a new device every 5-10 years)

Order **FREE monitors/alarms:** bit.ly/positiveenergyforms